how to make stencils and bleach dye clothes

shdwmtn

select your clothing

Any exposed clothing that comes in contact with the bleach will be discolored

Make sure to cover all clothing surrounding the stencil

Then place the stencil directly onto the piece of clothing you are using

You can use cardboard, plastic coated freezer paper, or anything else that will keep liquid out

DO NOT SKIP

Use the adhesive spray on the back of the stencil you've just cut out

Let adhesive dry for 10 seconds

Step 2: To prevent bleeding on the back side, cut and place a piece of cardboard on the inside of the clothes (where the stencil is located)

Step 3: Cover all exposed areas with cardboard

Step 4: Lightly mist the bleach solution into the air above the stencil (not directly onto the stencil)

Bleach Solution Instructions

mix 6oz (3/4 cup) water and 2oz (1/4 cup) bleach Pour in mist spray bottle

bleach 1:3 water

Step 1: Mix both of the solutions

Step 5: Wait anywhere from 15 seconds to 2 minutes to achieve your desired intensity of discoloration

Step 6: Remove the stencil

Step 7: Spray peroxide solution directly onto the design to neutralize and stop the bleach effect

Step 8: Rinse clothing out thoroughly in cold water

Peroxide Solution Instructions

mix 4oz (1/2 cup) water and 4oz (1/2 cup) hydrogen peroxide Pour in spray bottle

peroxide 1:1 water

Step 9: Done!

Tips

- Always wear a mask when spraying bleach!
- Do not let bleach sit on clothes more than 5 minutes
- Recommended adhesive spray: Krylon easy tack
- Make sure to rinse out bleach thoroughly before washing

Where to find us

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Ingredients:

- paper
- printer
- xacto knife
- adhesive spray
- a piece of clothing
- bleach
- mist bottle
- water
- hydrogen peroxide
- spray bottle
- cardboard

Print out guide for stencil

Glue onto bristol paper, cardboard, or any other thick paper

Cut Out

Out Lines