

Step 9: Done! in cold water thoroughly out clothing out Rinse Step 8: Remove the stencil

Step 7: Spray peroxide solution directly onto the design to neutralize and stop the intensity of discoloration

Step 6: Wait anywhere from 15 seconds to 2 minutes to achieve your desired intensity of discoloration

Step 5: Bleach Solution Instructions: Wait anywhere from 15 seconds to 2 minutes to achieve your desired intensity of discoloration

Step 4: Lightly mist the bleach solution into the air above the stencil (not directly onto the stencil)

Step 3: Cover all exposed areas with cardboard

Step 2: To prevent bleeding on the back side, cut and place a piece of cardboard on the inside of the clothes (where the stencil is located)

Step 1: Mix both of the solutions

Bleach Solution Instructions: Mix 6oz (3/4 cup) water and 2oz (1/4 cup) bleach and pour in mist spray bottle

Peroxide Solution Instructions: Mix 4oz (1/2 cup) water and 4oz (1/2 cup) hydrogen peroxide and pour in spray bottle

Step 8: Rinse out clothing thoroughly in cold water

Step 9: Done!

Step 1: Mix both of the solutions

Step 2: To prevent bleeding on the back side, cut and place a piece of cardboard on the inside of the clothes (where the stencil is located)

Step 3: Cover all exposed areas with cardboard

Step 4: Lightly mist the bleach solution into the air above the stencil (not directly onto the stencil)

Step 5: Bleach Solution Instructions: Mix 6oz (3/4 cup) water and 2oz (1/4 cup) bleach and pour in mist spray bottle

Step 6: Wait anywhere from 15 seconds to 2 minutes to achieve your desired intensity of discoloration

Step 7: Spray peroxide solution directly onto the design to neutralize and stop the intensity of discoloration

Step 8: Rinse out clothing thoroughly in cold water

Step 9: Done!

Use the adhesive spray on the back of the stencil you've just cut out

Let adhesive dry for 10 seconds


Then place the stencil directly onto the piece of clothing you are using

Make sure to cover all clothing surrounding the stencil

Any exposed clothing that comes in contact with the plastic coated freezer, You can use cardboard, paper, or anything else that will keep it out of discolored

DO NOT SKIP

Select your clothing

- Tips**
- Always wear a mask when spraying bleach!
 - Do not let bleach sit on clothes more than 5 minutes
 - Recommended adhesive spray:  Krylon easy tack
 - Make sure to rinse out bleach thoroughly before washing

Where to find us



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how to make stencils and bleach dye clothes

Ingredients:

- paper
- printer
- xacto knife
- adhesive spray
- a piece of clothing
- bleach
- mist bottle
- water
- hydrogen peroxide
- spray bottle
- cardboard

Glue onto bristol paper, cardboard, or any other thick paper

Print out guide for stencil

Cut Out Lines

Out Lines